

Be smart. Be safe

The world is an exciting place full of new and interesting experiences.

Smart kids practice safety every day. The Kid will give you some tips so you will know what to do no matter what happens.



General Rules

- Know your name, address and telephone number. Know how to call 911 or any other emergency number for your area.
- Check first with a parent or adult before going anywhere, accepting anything or getting into a car with anyone.
- Don't go alone. Take a friend, sister or brother.
- Tell an adult where you are going. That way, your family will know where to find you.
- Introduce your friends to your family. If someone wants to keep your friendship secret, they are probably up to no good!

Personal safety

It's your body. You have the right to reject unwanted attention such as teasing, touching and bullying.

- Say no if you feel threatened or uncomfortable. You have a right to say no if someone touches you in the wrong way.
- You have a right to say no to peer pressure about drugs, sex or other activities. Be firm.
- Tell an adult if you feel threatened, uncomfortable or unsafe. Tell a parent, teacher or other person you trust. You are not being a tattletale. Someone can help you.
- Safety is more important than manners. You don't have to be polite to someone who threatens you.
- Run away from danger. If someone grabs you, it's OK to yell, kick and scream. Don't stop screaming.

Dealing with dogs

When playing in a public place such as a park, be aware of the people and animals around you.

- Never approach a strange dog. Always ask permission from a dog's owner before touching or petting a dog.
- Don't try to hug or approach the dog from behind. Don't stare directly into its eyes or try to kiss it on the face.
- If a dog threatens you, don't scream. Do not turn and run. Back away slowly. Remain calm. Talk calmly and firmly. Don't make eye contact with the dog.
- If you get knocked down by a dog, curl into a ball with your hands over your head and neck to protect your face.

Remember, you are strong and capable. Don't be afraid of the world, just be smart.

Crossword

1		2		3
	■		■	
4				
	■		■	
5				

- Across
1. Intelligent
 4. Peace prize
 5. Makes money
- Down
1. Burn slightly
 2. Type of alert
 3. Speaks



Newspaper in Education activity

1. Search your newspaper for interesting places to visit.
2. Think about what safety rules would apply.
3. Talk with your class or parents about who you could talk to if you have a problem.