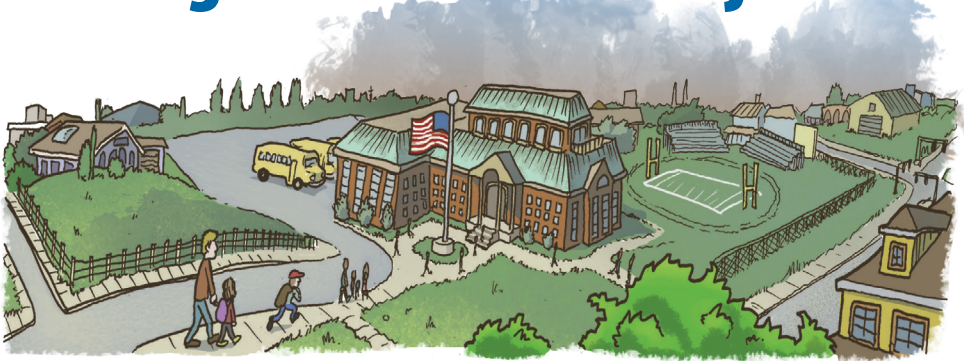




Tips for parents

Setting the foundation for student achievement

Easing back-to-school jitters



It's hard to believe that the summer is coming to an end, and stores are already advertising back-to-school specials. Soon it will be time for you and your children to get back into the school routine. To help you prepare for the transition, the Missouri State Teachers Association offers the following suggestions.

- ✦ **Talk about school** in a positive way to encourage excitement for the new school year.
- ✦ **Check the list of supplies** your children will need for school. Mark your children's belongings so they can identify them.
- ✦ **Be sure to participate** in your school's "meet the teacher" night before the session starts.
- ✦ **Let children take part in school preparations**, allowing them to decide what to wear and reviewing their schedule with them.
- ✦ **Children should go to school dressed in comfortable clothes** and shoes appropriate for the weather and recess outdoors. School personnel are aware that not all families can provide appropriate clothing and often have resources available.
- ✦ **Make sure your children know what to do after school.** Are they riding the bus home? Do they know their bus number and bus driver? Are you picking them up at school? Will they go to a child-care provider?
- ✦ **Encourage children to do their personal best at school.** Let them know that mistakes are OK.



Brought to you by the Missouri State Teachers Association and the Missouri Press Association

